

UNIVERSITY LEARNING & TEACHING AWARD HOLDERS PROFILE

Angela Clough, Sport, Health and Exercise Science, Faculty of Science

Angela is a Senior Lecturer and Director of Undergraduate Studies and Sports Rehabilitation in the Department of Sport, Health and Exercise Science. Her University Teaching Fellowship funding was utilised to:

- fund the development of the reflective portfolios/learning logs that are now used by undergraduate Sport Rehabilitation students to reflect on their clinical/fieldwork experience.
- fund Angela Clough and colleague Colin Johnson to attend national events relating to reflective practice.
- enable Angela to train as a Modern Pilates teacher, which has enhanced her own teaching skills as a Senior Lecturer here at Hull and as a Teaching Fellow of the Society of Orthopaedic Medicine.

The funding has also enabled Angela to work with Tina Overton and Nick Potter (Chemistry) to explore the development of “fuzzy problems” and case scenarios that can be utilised with students to facilitate discussion and develop critical thinking, reasoning and problem solving skills. Angela notes the benefits of sharing ideas and observing others’ approaches to practice across the University. For example, Angela shadowed Prof Champion (HYMS) to experience their approach to PBL. She describes this as an “enlightening and positive experience of PBL in its purest form”. However, without the benefit of using professional actors, small staff student ratios and small groups, a hybrid PBL approach has been used in the Sport Rehabilitation programme to good effect. The team have also worked closely with Chris Pinder and colleagues in the Study Advice Service and have noticed an improvement in student marks since the introduction of the facilitated discussion seminars and PBL approach essay.

In addition to these activities, Angela submitted a successful Innovations in Student Learning fund bid in conjunction with Nick Potter (Chemistry). The working title of the project is ‘Developing Problem Solving Skills and Integrating them into the Curriculum. A Pilot Project.’ This approach is being developed and will be utilised as part of a four-year undergraduate Masters in Sport Rehabilitation.

Keywords: [problem-based learning](#), [reflective practice](#), [critical thinking](#)